

RECREATION^{AND} LEISURE SERVICES

DIRECTORY



PARENT
NETWORK
OF WESTERN NEW YORK

 (716) 332-4170

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Your **Best Self** Begins Here

BestSelf Behavioral Health, Inc. is the largest community based behavioral health organization serving children, adolescents and adults with mental health and substance use disorders in WNY. BestSelf provides innovative, evidence-based, accessible, and family focused behavioral health services promoting health, hope and recovery, and an enhanced quality of life.

BestSelfWNY.org | (716) 884-0888

THE RECREATION & LEISURE SERVICES DIRECTORY

2024

The Recreation & Leisure Services Directory is a resource for individuals with disabilities and their families. This directory is intended to assist users in finding physical, social and creative opportunities to enrich one's life.

Programs included in this directory are well known in the Western New York community but have not been personally verified as to their cost and quality. It is best to call the program with any specific questions.

Enjoy your adventures. Play, laugh and dance once a day.

Recreationally,

Kimberly Kadziolka

Parent Network of Western New York

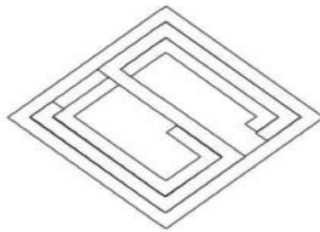
To order more copies of the directory please call (716) 332-4170

For a downloadable version of the directory visit
www.parentnetworkwny.org

Supporting families and professionals to empower individuals with disabilities to reach their full potential.

Thank you

The Singelyn Group
for your donation of water and healthy
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THE SINGELYN GROUP



TSG MANAGEMENT GROUP INC.

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<i>1830 GENESSEE ST</i>	<i>BUFFALO</i>
<i>4987 TRANSIT ROAD</i>	<i>WILLIAMSVILLE</i>
<i>4993 TRANSIT ROAD & RTE 78</i>	<i>DEPEW</i>
<i>5150 SHERIDAN DR</i>	<i>WILLIAMSVILLE</i>
<i>5316 MAIN ST</i>	<i>WILLIAMSVILLE</i>
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<i>6890 ERIE RD</i>	<i>DERBY</i>
<i>5087 CAMP RD</i>	<i>HAMBURG</i>
<i>12976 MAIN ST</i>	<i>AKRON</i>
<i>12755 BROADWAY</i>	<i>ALDEN</i>
<i>2156 NIAGARA ST</i>	<i>BUFFALO</i>
<i>453 WILLIAMS ST</i>	<i>BUFFALO</i>
<i>241 W FERRY ST</i>	<i>BUFFALO</i>
<i>390 NIAGARA ST</i>	<i>BUFFALO</i>

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Chuck Parrinello
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ART PROGRAMS

Arts for Learning WNY

County: Erie

1 Lafayette Square, 2nd Floor, Buffalo 14203

Contact: info@artsforlearningwny.org, 716-881-0917

Description: Arts for Learning WNY's mission is to inspire, expand learning, and strengthen our community through engagement with the arts. Offers workshops, residencies and assembly performances.

Ages: all Ages

Website: www.artsforlearningwny.org

Intandem - Fine Arts Program

County: Cattaraugus

1439 Buffalo Street, Olean 14760

Contact: info@intandem.org, (716) 375-4747

Description: Our day-habilitation locations in Niagara and Cattaraugus Counties offer daily classes and activities in music, movement, theatre, painting, fiber arts, printmaking, mixed media, collage, jewelry making, papier-mâché, and so much more. Grants provide opportunities to explore different mediums such as ceramics, glass fusing, and mural making. This aid also allows us to welcome guest performers and teaching artists to our spaces, all the while supporting our efforts to expand the availability of the arts, and arts engagement, in the communities where we live and work.

Ages: adults

Website: <https://www.intandem.org/programs-support/fine-arts-program/>
Wheelchair Accessible? Yes

FAMILY ACTIVITIES

Museums for All

Description: Free or reduced admission for those receiving food assistance and presenting an EBT card and photo ID. Search Website for participating locations.

Website: www.museums4all.org

Art Park of Lewiston**County:** Niagara

450 South 4th Street, Lewiston 14092

Contact: boxoffice@artpark.net, (716) 754-4375**Description:** Artpark & Company fosters a transformative world of artistic engagement that explores the human experience, cultivates creativity, and encourages curiosity. Our work is informed by a long tradition of discovery, an expectation of artistic excellence, and an awareness of the inspiration of singular natural splendor.**Ages:** all Ages**Cost:** varies**Dates:** Various throughout the year.**Time:** Mon-Fri 10am-4pm, park/trails - dawn to dusk**Website:** artpark.net**Wheelchair Accessible?** Yes

CONSERVATORY

Butterfly Conservatory

2565 Niagara Parkway, Niagara Falls, Ontario, Canada

Contact: (877) 642-7275**Description:** Step inside one of the largest glass-enclosed butterfly conservatories in North America and discover a tropical garden oasis. The Niagara Parks Butterfly Conservatory features over 2,000 vibrantly coloured butterflies fluttering freely throughout winding pathways adorned with lush vegetation and trickling waterfalls. Your self-guided walking tour begins with a short, informative video presentation.**Days/Hours:** Sunday 10-7pm, Monday 10-6pm, Tuesday-Friday 10-5pm, Saturday 9-6pm**Cost:** Adult \$19, Child 3-12y \$12.50. 2 & under free**Website:** <https://www.niagaraparks.com/visit/attractions/butterfly-conservatory/>**Wheelchair Accessible?** Yes

GARDENS

Buffalo Botanical Gardens - Erie County

County: Erie

2655 South Park Avenue, Lackawanna 14218

Contact: info@buffalogardens.com, (716) 827-1584

Description: The historic Buffalo Botanical Gardens is a premier cultural destination that engages visitors through a distinct and unique plant collection.

Ages: all Ages

Cost: \$16.50 Adults, \$15 Seniors (62+) and students (13+), students and children 3-12 \$9, Kids 2 and under free

Dates: Year round, Sunday-Saturday, closed on holidays

Time: 10 am - 4pm

Website: www.buffalogardens.com

Wheelchair Accessible? Yes

GYM

Family Gym Night

County: Niagara

145 N. 4th Street (Onondaga St. entrance), Lewiston 14092

Contact: recreation@villageoflewiston.net, (716) 754-1990

Description: A space where children and their parents have **Time** and room to interact with one another. It is appropriate for children with varying levels of disabilities but parents are expected to stay with their child.

Ages: Families with children 8th grade and younger

Cost: Free

Dates: September - June

Time: 5:30 - 8:00

Website: villageoflewiston.net

INDOOR AVIARY

Bird Kingdom

County: Ontario, Canada

5651 River Road, Niagara Falls L2D 7M7

Contact: (905) 356-8888

Description: Bird Kingdom is the World's Largest Free-Flying Indoor Aviary. Discover hundreds of tropical birds as you explore the pathways throughout the multi-level rainforest. Meet friendly parrots and exotic animals at Bird Kingdom's Animal Encounters. Explore the ruins of the Night Jungle that is home to many fascinating nocturnal creatures. Lorikeet Landing provides an unforgettable experience where you may feed and interact with the playful lorikeet birds. Bird Kingdom is an exciting adventure that is fun for all Ages.

Ages: all Ages

Cost: From \$13.95 per person

Dates: all year round

Time: 9:30 am to 5 pm

Website: <https://www.birdkingdom.ca/>

Wheelchair Accessible? Yes

MOVIES

Buffalo Sensory Friendly Films

County: Erie

AMC Maple Ridge 8, 4276 Maple Road, Suite C, Amherst 14226

Contact: (716) 833-9545

Cost: Normal ticket pricing

Dates: 2nd and 4th Sunday and Wednesday evenings

Time: check Website for viewing **Times**

Website: www.amctheatres.com/programs/sensory-friendly-films

Wheelchair Accessible? Yes

Sensory Friendly Films at FLIX 10

County: Erie

4901 Transit Rd., Depew 14043

Contact: larry@dipsontheatres.com, (716) 668-1888

Description: The lights will be left on and the sound will be turned down. A raffle will be held at each screening.

Cost: \$7.75

Dates: First Saturday of each month

Website: flix10.dipsontheatres.com/Contact/sensory+friendly+family+film+series

Wheelchair Accessible? Yes

Aquarium of Niagara Falls**County:** Niagara

701 Whirlpool St., Niagara Falls 14301

Contact: info@aquariumofniagara.org, (716) 285-3575**Description:** With our community and partners, we celebrate our natural wonders and inspire people to make a difference for aquatic life.**Cost:** Adults \$19.95, seniors 60+ \$17.95, children Ages 3-12 \$14.95, infants free**Time:** Daily 9am-5pm***Au-some Aquarium Evenings*****Contact:** education@aquariumofniagara.org, (716) 285-3575 Ext 20**Description:** Sensory friendly environment where families with children on the autism spectrum can meet. Touch tank, art activities, info and gluten free snacks are provided.**Cost:** free, registration required**Dates:** First Friday of the month**Time:** 6 - 8 pm**Website:** aquariumofniagara.org**Wheelchair Accessible?** Yes**Buffalo & Erie County Naval & Military Park****County:** Erie

One Naval Park Cove, Buffalo 14202

Contact: Paul Marzello, Sr., info@buffalonaivalpark.org, (716) 847-1773**Description:** March through September hours are 10am - 5pm, from October through November hours are 10am - 4pm. When touring most areas of the ships, visitors should expect to traverse narrow passageways, be able to step over significantly raised thresholds, and climb A top family destination in Western New York, located on the waterfront in downtown Buffalo. The military park is the largest inland naval park in the country.**Ages:** all Ages**Cost:** Adult \$20.00, Youth \$14.00, Senior \$17.00, Veterans \$15.00. Age 4 and under FREE.**Dates:** Late March through End of November**Time:** 10 am - 5 pm**Website:** www.buffalonaivalpark.org**Wheelchair Accessible?** No

Buffalo Fire Historical Society

County: Erie

1850 William Street, Buffalo 14206

Contact: bfhsmuseum@verizon.net, (716) 892-8400

Description: The society's mission is to collect, preserve, exhibit and provide access to information and artifacts relating to the firefighting profession in general, fire safety and fire prevention; and to teach the public about these subjects.

Ages: all Ages

Cost: free

Dates: Saturdays

Time: 10 am - 4 pm

Website: www.bfhsmuseum.com

Wheelchair Accessible? Yes

Buffalo History Museum

County: Erie

1 Museum Court, Buffalo 14216

Contact: Greg D. Tranter, reception@buffalohistory.org, (716) 873-9644

Description: Major collections include the Holland Land Company, President Millard Fillmore, Seneca Indians, Buffalo Bills, the Pan-American Exposition, the Larkin Company, and more.

Ages: all Ages

Cost: The Museum is offering Pay What You Wish admission, recommended admission is \$10 per person. Library appointments are \$10 and free for members. Admission FREE on M&T Third Fridays.

When: Wednesday - Saturday 10 am - 5 pm, Sunday 12 - 5pm

Website: www.buffalohistory.org

Wheelchair Accessible? Yes

Buffalo Museum of Science

County: Erie

1020 Humboldt Parkway, Buffalo 14211

Contact: Marisa Wigglesworth, (716) 896-5200

Description: Since 2010, the BMS has been on an aggressive path to renovate all of the museum's permanent exhibit experiences, transforming its former diorama-based exhibits into eight highly interactive and immersive science studio exhibit spaces.

Ages: all Ages

Cost: Adults \$19, Seniors 62+ \$16, Students & Military w. ID \$16, Children 2-17 \$16, Members and Children under 2 free

Dates: all year round
Time: 10 am-4 pm; Weds 10 am-9 pm
Website: www.sciencebuff.org
Wheelchair Accessible? Yes

Buffalo Niagara Heritage Village

County: Erie
3755 Tonawanda Creek Road, West Amherst 14228
Contact: guestservices@bnhv.org, (716) 689-1440
Description: Our mission is to preserve, interpret, and exhibit the agricultural history and rural heritage of the Buffalo Niagara region.
Ages: all Ages
Cost: \$8 adults, \$6 children, military and seniors (Age 3 and under FREE)
Dates: Special events only for 2024 season as they are preparing to move to Amherst Central Park in 2025. Check Website for special events.
Website: www.bnhv.org/bnhv-events

Buffalo Zoo

County: Erie
300 Parkside Ave., Buffalo 14214
Contact: (716) 837-3900
Description: Social story and sensory bag available on request. Must provide license to borrow sensory bag.
Ages: all Ages
Cost: \$21.95 13-64; \$15.95 2-12; seniors 65+ \$18.95; under 2 years free.
Dates: year round **Time:** 10-4 daily (Grounds close at 5pm)
Website: buffalozoo.org
Wheelchair Accessible? Yes

Chautauqua Institution

County: Chautauqua
One Ames Avenue, Chautauqua 14722
Contact: ticketoffice@chq.org, (716) 357-6250
Description: Chautauqua is dedicated to the exploration of the best in human values and the enrichment of life through a program that explores the important religious, social and political issues of our **Times**; stimulates provocative, thoughtful involvement of individuals and families in creative response to such issues; and promotes excellence and creativity in the appreciation, performance and teaching of the arts.
Time: Tuesday-Friday 10am-4pm
Website: chq.org

Chautauqua Belle

County: Chautauqua

78 Water Street, Mayville 14757

Contact: thechautauquabelle@gmail.com, (716) 269-2355

Description: Join us for a round-trip experiential boat ride touring the Chadakoin River and South end of Chautauqua Lake, regaling you with tales from the late 1800's.

Ages: all Ages

Cost: \$25 adults; \$10 age 3-12; under 2 free

Dates: Seasonal

Website: 269belle.com

Wheelchair Accessible? yes

Darwin R. Barker Historical Museum

County: Chautauqua

7 Day Street, Fredonia 14063

Contact: Sara Hart, (716) 672-2114

Description: The Barker Historical Museum is located in the heart of Fredonia, New York. The Museum includes an archive, two research libraries, and rotating exhibitions.

Ages: all Ages

Dates: Tuesdays 4-8 pm, Fridays and Saturdays 1-5 pm

Website: www.barkermuseum.org

Dunkirk Historical Museum

County: Chautauqua

513 Washington Avenue, Dunkirk 14048

Contact: Contact@dunkirkhistoricalmuseum.org, (716) 366-3797

Description: Provides arts programs to its diverse cultural and ethnic community, including artistic expressions focusing on storytelling, quilting, painting, photography, puppetry, pottery, dancing and music, all of these seeking to improve the communication .

Ages: all

Dates: Monday, Wednesday and Friday

Time: 9 am - 12 pm

Website: www.dunkirkhistoricalmuseum.org

Explore & More Children's Museum

County: Erie

130 Main Street, Buffalo 14202

Contact: (716) 655-5131

Description: Through three-floors of educational play zones, this community-focused museum is the only children's museum FOR and ABOUT Western New York, paying homage to the very attributes that make us so proud to be from this unique region.

Ages: birth to 12 years

Cost: Ages 1 & up \$13

Dates: Open Play Wednesday -Sunday

Time: 10 am to 4 pm

Website: www.exploreandmore.org

Au-Some Evenings at Explore & More Museum

Contact: accessibility@exploreandmore.org, (716) 655-5131

Description: Registrations required In addition to a fun night of play with access to the museum space and exhibits, we have special programming for families! The evening features themed Art Studio projects, sensory exploration in our Tinkering Tank, therapy animals from the SPCA and student volunteers from SUNY Buffalo State's Exceptional Education program.

Cost: Free

Dates: 2nd Friday of month

Time: 5:30 - 7:30 pm

Website: <https://exploreandmore.org/au-some-evenings/>

Wheelchair Accessible? Yes

Genesee Country Village & Museum

1410 Flint Hill Road, Mumfords 14511

Contact: Elizabeth A. Wehle, info@gcv.org, (585) 538-6822

Description: The mission of Genesee Country Village & Museum is to inspire excitement and curiosity about the past and an appreciation for its relevance today. Visitors experience how life in small towns has changed over **Time** through engaging and enjoyable encounters.

Ages: all Ages

Cost: check website for current pricing

Dates: Season opens on May 8, 2024 and closes October, 2024

Time: 10 am - 4 pm

Website: www.gcv.org

Wheelchair Accessible? No

Herschel Carrousel Factory Museum

County: Niagara

180 Thompson Street, North Tonawanda 14120

Contact: info@carrouselmuseum.org, (716) 693-1885

Description: A premier national historic site and community resource for providing family recreation and learning that fosters an appreciation for the unique heritage of the carousel and related industries in the Niagara Region.

Admission includes two ride tokens.

Ages: all Ages

Cost: Adult \$12, Seniors \$9, Children 2-16 \$6 and under 2 are free.

Dates: April 15, 2024 - December 2024.

Time: Wednesdays - Sundays 10am - 4pm

Website: www.carrouselmuseum.org

Jell-O Gallery Museum

County: Genesee

23 E. Main Street, Le Roy 14482

Contact: jellohistory@gmail.com, (585) 768-7433

Description: Follow the JELL-O brick road to the JELL-O Gallery and see where it all began! JELL-O was invented here in Genesee County in 1897 and this museum is dedicated to all things JELL-O, including the history and marketing of "America's Most Famous Dessert."

Ages: all Ages

Cost: Adults \$6, Children age 6-11 \$1.50, Age 5 and under FREE

Dates: May - December

Time: Thursdays - Saturdays 10 am - 4 pm, Sunday 1 - 4 pm

Website: jellogallery.org

Maid of the Mist

County: Niagara

1 Prospect St., Niagara Falls 14303

Contact: (716) 284-8897

Description: A Maid of the Mist boat tour is perfect for groups of all sizes

Cost: \$28.25 adults; \$17.75 age 6-12; age 5 and under free with paid adult

Dates: April to November

Time: Check Website for details

Website: maidofthemist.com

Wheelchair Accessible? Yes

Medina Railroad Museum

County: Orleans

530 West Avenue, Medina 14103

Contact: Janien Klotzbach, medinarailroad@gmail.com, (585) 798-6106 for tickets: (716) 948-0505

Description: Your Train Ticket also allows entry into our huge Train Museum. Our museum is filled with railroad artifacts. It has one of the biggest model-train layouts in the country. Check Website for special events.

Ages: all Ages

Cost: Adults \$9, Seniors \$8, Children under 18 \$7, Under 2 are free

Dates: Wednesday through Sunday **Time:** 10 am - 5 pm

Website: www.medinarailroad.com

Penn Dixie Paleontological and Outdoor Education Center

County: Erie

4050 North Street (Mail: 3556 Lakeshore Road, Ste. 230), Blasdell 14219

Contact: Sarah Einhouse, sepenndixie@gmail.com, (716) 627-4560

Description: This classic geologic 54-acre site has been ranked the No.1 Fossil Park in the United States and provides opportunities to collect and keep all the fossils you find.

Cost: Adults \$16; Seniors (62+) \$15, students and military \$56, children 3-17 \$13, members and children under 3 are free.

Dates: Penn Dixie is open on Saturdays and Sundays from 9 am to 4:30 pm. The park opens each day at 9 am and closes at 4:30 pm. All first-Time visitors receive a complimentary 20-minute guided tour.

Website: www.penndixie.org

Wheelchair Accessible? Yes

Strong National Museum of Play

County: Monroe

One Manhattan Square, Rochester 14607

Contact: info@museumofplay.org, (585) 263-2700

Description: The Strong is a highly interactive, collections-based educational institution devoted to the study and exploration of play. The Strong explores play in order to encourage learning, creativity, and discovery and to illuminate the American experience in particular and human experience in general.

Cost: Basic admissions for adults and children 2-15 \$25. More for special exhibits.

Date & Time: 10am - 5pm, open til 8 pm in Friday and Saturdays

Website: www.museumofplay.org

Wheelchair Accessible? Yes



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ext. 205



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- Educational Programs

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sessions in July
and August!



Chuck E Cheese Sensory Sensitive Sundays

All locations

Description: Chuck E. Cheese is proud to support families who have children with autism and other special needs.

Ages: all Ages

Cost: free admissions

Dates: first Sunday of every month

Time: open 2 hours early than normal working hours

Website: www.chuckecheese.com/sensory-sensitive-sundays

Wheelchair Accessible? Yes

TRAINS

Arcade & Attica Railroad

County: Wyoming

278 Main Street, Arcade 14009

Contact: arcadeandatticarr@yahoo.com, (585) 492-3100;

Tickets: (716) 948-0505

Description: Offering seasonal passenger excursions by one of their two World War II era diesel electric locomotives.

Ages: all Ages

Cost: prices vary

Dates: Regular excursions run every weekend from Memorial Day weekend until the last full weekend of December. The month of October is Fall foliage month and an extended schedule is available.

Website: www.aarailroad.com

Wheelchair Accessible? Yes

MUSIC, DANCE & DRAMA

MUSIC

Buffalo Niagara Music Therapy Services

County: Erie

2211 Sheridan Drive, Suite 204, Town of Tonawanda 14223

Contact: Elyse Kochmanski, ekochmanski@bnmusictherapy.com, (716) 243-2776, ekochmanski@bnmusictherapy.com

Description: Provides individual or group therapy and adaptive music lessons. They provide services in home and at their clinic location in Tonawanda

Ages: All Ages

Cost: Varies

Dates: By appointment - home/facility visits can be arranged.

Time: Various

Website: www.bnmusictherapy.com

BPO Kids for Exceptional Kids

County: Erie

3 Symphony Circle, Buffalo 14201

Contact: rpudlewski@bpo.com, rpudlewski@bpo.com, (716) 242-7822,

Description: BPO Kids is a classical concert series just for kids and a great way to introduce children to a lifelong love of music.

Ages: all Ages

Cost: Check Website for updated pricing

Dates: Check Website for events

Website: bpo.org

Wheelchair Accessible? Yes

Community Music School of Buffalo

County: Erie

217 East Delevan Avenue, Buffalo 14208

Contact: (716) 884-4887

Description: Individual and group classes and lessons in music, adult and teen classes, active ensembles and music therapy. Summer camps are also available.

Ages: All Ages

Cost: Varies - Financial aid available

Time: Mon-Fri 10 am - 8:30 pm

Website: communitymusicbuffalo.org

Darien Lake Performing Arts

County: Genesee

9993 Alleghany Road, Darien Center 14040

Contact: darienlakepacinfo@livenation.com, (716) 428-5930

Website: <https://www.livenation.com/venue/KovZpaF0ne/darien-lake-amphitheater-events>

Drum 4 Health

County: Erie

190 Wabash Avenue, Kenmore 14217

Contact: Carol Zimmerman, carolyn@drum4health.net, (716) 491-0031, z100790@hotmail.com

Description: Recreational music making/drum circles via a variety of drums and percussion instruments.

Ages: Kids of all Ages, 2 - 102+

Cost: Varies

Dates: By appointment

Time: Various

Website: www.drum4health.net

Wheelchair Accessible? Yes

DANCE

Danceability, Inc.

County: Erie

3859 George Urban Blvd., Suite 600, Cheektowaga 14225

Contact: danceabilitywny@gmail.com, (716) 651-0094

Description: Willingness to move with music to promote physical, social, and emotional wellness. Danceability is an individualized dance, fitness and movement program serving the special needs community. Our studio is led by qualified staff and dedicated volunteers who create a nurturing environment that empowers our students to flourish and grow while promoting a healthy lifestyle and we have a little fun along the way.

Ages: 3+ **Cost:** varies - call for updated pricing by program

Dates: September through May **Time:** 3-8 pm

Website: www.danceabilityinc.org

Wheelchair Accessible? Yes

Graceful & Gifted Dance Program

County: Niagara

2419 Hyde Park Blvd., Niagara Falls 14305

Contact: Timetodancestudiof@gmail.com, (716) 946-7909

Description: Our vision is to create an inclusive and welcoming studio where everyone can access the magic of dance. Our dance program utilizes dance movement therapy. Classes are offered for ambulatory and non-ambulatory individuals.

Ages: All Ages **Dates:** Day and evening classes

Website: Timetodancestudios.org

Jaclyn Carol's Dance Academy: A Chance to Dance

County: Erie

3571 Niagara Falls Blvd, North Tonawanda or 2751 Main Street, Newfane

Contact: JCDAdance@gmail.com, (716) 260-1787

Description: Our family owned and operated dance studio offers unmatched special programming through field trips, dance competitions, guest artists, numerous performance opportunities for your child, as well as themed Summer Programs and intensive workshops for children, teens, and college students.

Ages: all Ages **Cost:** varies **Dates:** September - June

Time: Monday - Thursday 4:15pm-8:45pm, Saturdays 10am-1pm

Website: www.jcdadance.com

Moving Miracles Dance Program (Division of Sasi)

County: Erie

954 Union Road Suite 1, West Seneca 14224

Contact: info@movingmiracles.org, (716) 656-1321

Description: We provide supervised, personalized exercise programs for teens and adults with special needs that are designed to be fun and effective, in a supportive environment. The program curriculum targets resistance, endurance and cardio training resulting in distinct physical, cognitive, social and developmental benefits.

Ages: 16+

Cost: \$30 registration/\$60 monthly group session fee

Dates: Tuesday or Thursday evenings

Website: www.movingmiracles.org

Wheelchair Accessible? Yes

Star Legacy Dance Class

County: Niagara

7502 Porter Road, Niagara Falls 14301

Contact: legacydance17@gmail.com, (716) 299-0146

Description: Children with intellectual disabilities Our goal is to help children express themselves through music and movement.

Ages: Ages 5 and up **Cost:** Sliding scale **Dates:** September - May

Time: Monday - Friday 4:30 pm-8pm

Website: legacydancewny.com

THEATER

Alleyway Theatre

One Curtain Up Alley, Buffalo 14202

Contact: email@alleyway.com, (716) 852-2600

Description: Education & development programs foster the talents of emergent artists from Western New York and beyond ... embracing fearlessness, theatricality, humanity, & authenticity.

Website: alleyway.com

Wheelchair Accessible? Yes

Buffalo State Performing Arts Center - Rockwell Hall

1300 Elmwood Avenue, Buffalo 14222

Contact: rhpac@buffalostate.edu, (716) 878-3005

Description: The Performing Arts Center (PAC), with more than 180 events and 50,000 patrons a year, is proud of the contribution it makes to the cultural vitality of SUNY Buffalo State and Western New York.

Website: www.buffalostatepac.org

Wheelchair Accessible? Yes

Inclusive Theater of WNY

County: Erie

Buffalo 14208

Contact: inclusivetheaterofwny@gmail.com, (716) 218-8129

Description: ITOWNY depends on Volunteers in different aspects of the production and administration including ushering, backstage, marketing, directing, and fundraising. A performing and visual arts company, that is dedicated to advancing artists of all forms and levels of ability – including artists with disabilities – to encourage the change of socially constructed images and misconceptions that exist of people from diverse backgrounds and groups.

Website: inclusivetheaterofwny.com

Irish Classical Theatre

County: Erie

625 Main Street, Buffalo 14203

Contact: (716) 853-4282,

Description: The Irish Classical Theatre Company is a performing arts theatre located in Buffalo, NY. It presents outstanding productions at The Andrews Theatre, Western New York's only true theatre-in-the-round. In this intimate setting, you're never more than 12 feet from the stage.

Website: www.irishclassical.com

Wheelchair Accessible? No

Musicalfare Theatre

4380 Main St., Ste 123 (c/o Daemen College), Amherst 14226

Contact: musicalfare@daemen.edu, (716) 839-8540

Description: A not-for-profit professional musical theatre company dedicated to becoming a significant regional theatre with national prominence by developing and presenting world premiere musicals, re-imagined classic musicals and regional premieres.

Website: musicalfare.com

Shakespeare in the Park

County: Erie

Delaware Park - 199 Lincoln Parkway, Buffalo 14222

Contact: Saul Elkin, info@shakespeareindelawarepark.org, (716) 856-4533, info@shakespeareindelawarepark.org

Description: Shakespeare in Delaware Park is a not-for-profit professional theatre company that provides free, high-quality public theatre to enrich, educate, and entertain diverse audiences through the works of William Shakespeare.

Cost: Free (Donations accepted) **Dates:** Summer

Website: shakespeareindelawarepark.org

Wheelchair Accessible? No

Shea's Performing Arts Center

646 Main Street, Buffalo 14202 **Contact:** (716) 847-1410

Description: To restore and maintain Shea's Buffalo Theatre for present and future generations to enjoy as a working historic theatre providing a wide variety of live performing arts experiences for our patrons and innovative and effective educational experiences fostering an appreciation of live theatre by area youth.

Website: www.sheas.org

Wheelchair Accessible? No



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Theatre of Youth Sensory Performance Series

County: Erie

203 Allen Street, Buffalo 14201

Contact: Michelle at Theatre of Youth, michelle@theatreofyouth.org, (716) 884-4400 x304, admin@theatreofyouth.org

Description: Noise muffling headsets and a calming space are available. General seating. Theatre of Youth (TOY) welcomes you to enjoy a performance in a sensory-friendly environment. Your children can sit where they are most comfortable and move around as they need, all while enjoying the magic of live theatre.

Cost: Check **Website** for updated pricing

Dates: Check Website for events

Website: <https://theatreofyouth.org/sensory-friendly/>

Wheelchair Accessible? Yes

Unique Theatre Company

County: Erie

545 Elmwood Avenue, Buffalo 14222

Contact: Vienna Haak, suzunique@gmail.com, (716) 982-7755, suzunique@gmail.com

Description: Unique Theatre Company produces one full length play per year. Each year auditions are held searching for actors of all abilities. UTC throughout the year takes all story and play submissions to be considered for their yearly production. Drama workshop available, 6 classes \$100.

Ages: All Ages depending on needs of the theatre product

Dates: One **Time** per year play produced at local theatre, two **Times** per year writing group.

Website: uniquetheatrecompany.com

PARKS

Reserve America

18 Division Street, Saratoga Springs 12866

Contact: (518) 885-4282

Description: We continually seek out new ways to enrich experiences and bring different cultures and communities together. To achieve that, we're grounded in industry collaboration, creating convenient user experiences, and innovating technology through the insights.

Dates: year round

Website: www.reserveamerica.com

Pfeiffer Nature Center Eshelman Property**County:** Cattaraugus

1420 Yuba Dam Road, Portville 14770

Contact: Michael Cole, naturalist@pfeiffernaturecenter.org, (716) 933-0187**Description:** 460 acres and has 3+ miles of trails through wetlands and secondary growth forest. Historically a small farm, this property has a variety of habitat, successional forest, wetlands, and mixed areas. Birders especially enjoy this property during migration.**Ages:** all Ages**Cost:** free, donations welcomed**Dates:** January through September**Time:** dusk til dawn**Website:** www.pfeiffernaturecenter.org**Roger Tory Peterson Institute of Natural History****County:** Chautauqua

311 Curtis Street, Jamestown 14701

Contact: Twan Leenders, info@rtpi.org, (716) 665-2473,**Description:** Founded as an educational institution charged with preserving Peterson's lifetime body of work. Home to the largest collection of Roger Tory Peterson's work, the Roger Tory Peterson Institute is a leader for the study, exhibition and nurturing of art that matters to the planet.**Ages:** all Ages**Cost:** Adults \$12, Seniors/Military \$10, Children & Students \$8, Family \$30**Dates:** Year round closed on Mondays and holidays**Time:** Wednesday-Saturday 10 am - 4 pm, Sunday 1 pm - 5 pm, Monday and Tuesday by appointment**Website:** www.rtpi.org

Audubon Community Nature Center

County: Chautauqua

1600 Riverside Road, Jamestown 14701

Contact: Leigh Rovegno, info@auduboncnc.org, (716) 569-2345, lrovegno@auduboncnc.org

Description: The Audubon Community Nature Center is a 600-acre wetland preserve that includes over five miles of trails, a native tree arboretum, picnic areas, a natural play space, and educational gardens for you to explore daily from dawn until dusk.

Cost: Adults \$6, children age 3-15 \$2, maximum **Cost** for families \$15, members and children under 2 are free.

Time: Monday - Saturday 10-4:30pm, Sunday 1-4:30pm

Website: www.auduboncnc.org

Wheelchair Accessible? Yes

Buffalo Audubon Society & Beaver Meadow Audubon Center

County: Wyoming

1610 Welch Road, North Java 14113

Contact: Ed Sirianno, ed@buffaloaudubon.org, (716) 230-8373, melissa.fratello@gmail.com

Description: A 324-acre nature preserve that features glacial kettle ponds, wetlands, with a boardwalk trail, wooded uplands, meadows, a hawk watch, an arboretum, and eight miles of marked and groomed trails.

Dates: Tuesday-Saturday, closed on major holidays **Time:** 10am-4pm

Website: www.buffaloaudubon.org

Wheelchair Accessible? Yes

Reinstein Woods Environmental Education Center

County: Erie

93 Honorine Drive, Depew 14043

Contact: reinsteinwoods@dec.ny.gov, (716) 683-5959

Description: Reinstein Woods is a 292-acre complex of forests, ponds and wetlands. We offer a variety of opportunities to explore and learn about nature for people of all Ages and abilities. Free guided tours of the woods are available.

Cost: Free, donations welcome **Dates:** Year Round. Closed on state holidays.

Time: Education Center M-F 9am-4:30pm, Sat 1-4:30pm; Trails sunrise-sunset

Website: reinsteinwoods.org

Wheelchair Accessible? Yes

Losson Trails

County: Erie

Stiglmeier Park, 810 Losson Road, Cheektowaga 14227

Contact: (716) 656-2220

Description: Stiglmeier Park is a 308 acre recreation facility in the Southeastern quarter of the town of Cheektowaga which hosts 15 nature trails, each with varying distances. There is a wooden boardwalk that is wheelchair accessible. Open to the public.

Ages: all Ages

Cost: free

Website: www.tocny.org

Wheelchair Accessible? Yes

Tifft Nature Preserve

County: Erie

1200 Fuhrmann Boulevard, Buffalo 14203

Contact: tifftreservations@sciencebuff.org, (716)825-6397

Description: Tifft Nature Preserve is a 264-acre nature refuge dedicated to conservation and environmental education. Guided walks, groups, and workshops.

Ages: all Ages

Cost: No fee - donations appreciated.

Dates: Trails open daily from dawn until dusk

Time: Visitor Center Wednesday-Sunday 10am-4pm

Website: tifft.org

Wheelchair Accessible? Yes

Iroquois National Wildlife Refuge

County: Orleans

1101 Casey Road, Basom 14013

Contact: iroquois@fws.gov, (585) 948-5445

Description: To plan for your trip you should **Contact** the refuge headquarters to gather pertinent information on the refuge and surrounding area. Iroquois National Wildlife Refuge, located mid-way between Rochester and Buffalo, NY has been described as one of the best kept secrets of Western New York. Teeming with wildlife and wild lands the refuge offers opportunities for the public to experience. Activities include biking, cross country skiing, hunting, ranger-led programs, birding, fishing, ice fishing, show-shoeing, boating, hiking photography and more.

Ages: all Ages **Cost:** free **Time:** sunrise to sunset

Website: www.fws.gov/refuge/iroquois

Allegany State Park**County:** Cattaraugus

2373 ASP, Route 1, Salamanca 14779

Contact: Erik Kulleseid, (716) 354-2182**Description:** With more than 250 parks and historic sites in the New York State park system, there are more than 2,000 miles of trails just waiting to be explored. From easy walks on carriage roads to rugged backcountry treks, camping, fishing and more.**Ages:** all Ages**Cost:** Vehicle fee \$7**Dates:** Sunrise to Sunset**Website:** parks.ny.gov/parks**Wheelchair Accessible?** Yes**Lake Erie State Park****County:** Chautauqua

5838 Rt. 5, Brocton 14716

Contact: (716) 792-9214**Description:** High bluffs overlooking Lake Erie provide a breathtaking view for the visitor to Lake Erie State Park. Lake Erie features a shoreline covering over three quarters of a mile bordering the shallowest of the Great Lakes**Ages:** all Ages **Cost:** Vehicle fee \$7**Dates:** Trails open daily from dawn until dusk**Website:** parks.ny.gov/parks**Wheelchair Accessible?** Yes**Letchworth State Park****County:** Wyoming1 Letchworth State Park, Castile 14427 **Contact:** (585) 493-3600**Description:** Provides a safe and inclusive area for individuals with autism or other related disabilities. The accessible mile long trail hosts eight different sensory stations for individuals and families of individuals to experience and explore nature. Letchworth State Park, renowned as the "Grand Canyon of the East," is one of the most scenically magnificent areas in the eastern U.S. The Genesee River roars through the gorge over three major waterfalls between cliffs--as high as 600 feet in some places--surrounded by lush forests.**Ages:** all Ages **Cost:** Vehicle fee between \$10 **Dates:** Trails open daily from dawn until dusk**Website:** parks.ny.gov/parks**Wheelchair Accessible?** Yes

VINTAGE RIDES

Olcott Beach Carousel Park

5979 Main Street, Olcott

Description: Kiddie rides are for children up to 52 inches, no exceptions.

Vintage kiddie park with Magic Show at 2 pm onstage

Ages: All Ages **Cost:** All rides \$0.25

Dates: Memorial Day through Labor Day

Time: Saturday, Sunday 12- 6 pm through June, Friday through Sunday 12-6 pm through Labor Day

Website: <https://olcottbeachcarouselpark.org>

PEER SOCIAL EVENTS

Collaborative Community Mission

Contact: , collabcomm.mission@gmail.com, ,

Description: Check Website for upcoming events To foster relationships among a diverse community of caregivers and professionals that promote learning and child development through accessible programming, resources, and expertise.

Website: www.collaborativecommunitymission.org

Fantastic Friends of Western New York

County: Erie

1284 French Rd., Depew 14043

Contact: Debbie Cordone, fantasticfriendswny@gmail.com, (716) 863-7393

Description: Fantastic Friends hosts a fun monthly events for our special needs members Ages 10-teens and volunteer “buddies”. Members are always paired with a 1:1 buddy at each event, who help them interact with other Fantastic Friends and participate in all events.

Ages: All Ages **Cost:** Check Facebook for events

Website: www.fantasticfriendswny.org

Friends United of WNY

County: Erie

14 Cheryl Drive, West Seneca 14224

Contact: Mary Brickowski, friendsunited192@gmail.com, (716) 512-4825

Description: Bowling and culinary classes, dances and more! Friends United Together, Inc. (FUTI) was created to help people with disabilities receive training in daily living skills, to form friendships, develop social skills and to keep active and healthy through sports and social activities!

Ages: Adults

Website: FUTI (futiwny.org)

Our Place

County: Erie

Melissa's Coffee House, 5005 Sheridan Drive, Williamsville 14221

Contact: amherstyouthfoundation@gmail.com, (716) 633-6773

Description: Young adults who are independent in the community. An inclusive recreation and service program that provides an opportunity for young adults with disabilities to socialize with peers, organize events and participate in volunteer activities within the community.

Website: <https://www.amherstyouthfoundation.org/our-place---special-needs-youth.html>

Wheelchair Accessible? Yes

Sensational Fun

County: Erie

2881 Southwestern Blvd., Unit 1, Orchard Park 14127

Contact: Jennifer Kline, info@sensationalfun.org, (716) 674-7001

Description: Equipment has weight limits of 175-320 lbs. We provide a family oriented play place where children with special needs can learn and interact with others, while still being themselves in a safe, engaging, and fun environment. Events include Gym classes, Disney Balls with Characters, respite and socials.

Ages: no age limits

Cost: Depends on program - from \$5 and up.

Dates: Tue, Thu 12-7; Wed, Fri, Sat 12-5; Sun 10:30-3.

Time: Check Website for details by event

Website: www.sensationalfun.org

Wheelchair Accessible? Yes

PLAYGROUNDS

INDOOR

Sweet Charlotte's

County: Other

10255 Main Street, Suite 9, Clarence

Contact: sweetcharlottes@yahoo.com, (716) 320-5848

Description: A relaxed and safe environment where ALL children are welcome and encouraged to explore our space using their own imagination and creativity to play in a way that makes them happy. Crafts are also available for busy little hands.

Ages: children under 10

Cost: \$15 for first child. Discount for each additional child

Dates: Thursday 10 - 11:30 am, Friday 10-11:30, 12-1:30 pm, and Saturday 9:30 - 11 am.

Time: MTWF 9 am -3 pm, Saturday 9 am - 12 pm

Website: www.sweetcharlottes.org

Friendship Fortress

1590 Hopkins Road, Amherst 14221

Contact: friendshipfortresswny@gmail.com, (716) 276-8461

Description: Visit Friendship Fortress Play Cafe for a couple hours or a whole day of fun! At Friendship we have areas for Children up to 8 years old, where parents can enjoy a wonderful cup of coffee, treats, and lunch fare while they supervise their little ones. We have areas for all Ages of development that are designed for independent or social play.

Ages: children up to 8 years old **Cost:** \$15 / child and \$5 per adult

Dates: Monday - Thursday 9 am to 5 pm, Friday 9 am to 6 pm, Saturday 9 am to 8 pm, Sunday 9 am to 4:30 pm

Website: www.wnyfriendshipfortress.com

Friendship Village Play Café

County: Erie

5470 Camp Road, Hamburg 14075

Description: we offer a variety of different services. Including Weekly Gymnastics classes for the little ones and all-day open play for all Ages, whether they want to bounce around in our bounce houses, climb our indoor tree house.

Cost: \$16 per child

Dates: Monday-Tuesday 10-1pm; Wednesday-Thursday 10-3pm; Friday-Saturday 10-6pm; Sunday 10-5pm

Website: <https://www.friendshipvillageplay.com/>

Village Play

651 Oakwood Avenue, East Aurora 14052

Contact: (716) 544-2188, info@village-play.com

Description: 1 or 2 hours of open lay We offer a screen free play space full of natural wood toys and décor with soft colors to harness organic creativity.

Village Play encourages active and imaginative play.

Cost: \$19.88 2 hours; \$10.88 1 hour

Dates: Monday through Saturday

Time: Book **Time** via Website

Website: <https://www.village-play.com/>

Little Buffalo

County: Erie

633 Hertel Avenue, Buffalo 14207

Contact: (716) 427-3668, littlebuffaloplay@gmail.com

Description: Boutique indoor playspace for kids. Gross motor playground, pretend and dramatic play, sensory play. Open Play **Time**, Play School Drop-Off Program (2.5-5 years); Summer camps and special events

Cost: Check Website for specific pricing.

Dates: Check Website

Website: <https://www.littlebuffaloplay.com/>

Billy Beez

1 Walden Galleria, Unit TH271, Buffalo 14225

Contact: (716) 989-5012

Description: Slides, Ballistics Arena, Sports courts, Mini Beez, Games, Tunnels & More

Cost: Ages 1-7 \$18.95, Infant (0-11 mo) Free with paid child or \$13.95 Infant & Adult; Adult 1st \$4.95, Adult 2nd \$6.95, Senior (65+) Free

Dates: Monday - Thursday, 11 am to 6:30 pm; Friday 11-8 pm; Saturday 10-9 pm; Sunday 10-8 pm

Website: <https://billybeezus.com/location/walden-galleria/>

Climb & Play Café

3701 McKinley Parkway, McKinley Mall, Blasdell 14219

Contact: (716) 398-5649, climbandplaybuffalo@usa.com

Description: Indoor maze and climbing play structure with ball pits, an area for little climbers and a cozy lounge with TVs. Video game zone for kids 8+

Cost: \$10 for 2 hours of play

Website: <https://www.climbandplaybuffalo.com/>

Get Air

3637 Union Road, Cheektowaga 14225

Contact: (716) 205-3794

Description: Must book **Timeslots** and able to do this online. Trampolines, dodgeball, ninja activities, kiddie court, foam pit, slamball, jackline, fidget ladder and massage chairs.

Cost: \$28.99 3 Hour Jump; \$25.99 2 Hour Jump; \$17.99 1 Hour Jump, \$21.99 3 Hour Little Air (under 46 inches); \$18.99 2 Hour Little Air; \$11.99 1 Hour Little Air

Website: <https://getairsports.com/buffalo/>

Urban Air

1 Walden Galleria, Buffalo 14225

Contact: (716) 568-7083

Description: Must book **Timeslots** and able to do this online. Trampoline courts, Mini-golft, Trapeze, Spin Zone Bumper Cars, Virtual Reality, Go-Kart Trac, Bowlling, Climbing Walls, Playground, Warrior Course

Cost: \$14.99 under 5 with height requirements, \$25.99 Deluxe Ticket, \$30.99 Ultimate Ticket, \$36.49 ticket.

Website: <https://www.urbanair.com/new-york-buffalo/>

FunCity Adventure Park

3781 Union Road, Cheektowaga 14225

Contact: (716) 288-7075, funcitybuffalo@gmail.com

Description: Must book timeslots and able to do this online. Trampoline Courts, Dodge Ball, Arcade Machines, Bumper Ball, Basketball, Battle Beam, Ninja Course, Foam Pit, Climbing and Playground.

Cost: 2 hour \$28.99/Toddler 2 hour \$20.99; Jump socks \$3.50

Dates: Sunday-Thursday, 12 pm to 9 pm; Friday 12 pm - 10 pm; Saturday 10 am to 10:30 pm

Website: <https://www.funcitybuffalo.com/>

A Playground for All at Chestnut Ridge Park**County:** Erie

6121 Chestnut Ridge Road, Orchard Park 14127

Contact: Gordon Panek, gpanek@chestnutridgeconservancy.org**Description:** Together with the Erie County Parks Department, the Chestnut Ridge Conservancy is engaging in a very ambitious project for the purchase and installation of a significant new playground at Chestnut Ridge Park which will be fully accessible for children of all needs and abilities and have play equipment for children of all Ages and abilities.**Ages:** all Ages**Website:** chestnutridgeconservancy.org**Wheelchair Accessible?** Yes**Billy Wilson park****County:** Erie

1290 Hopkins Road, Williamsville 14221

Contact: parksadmin@amherst.ny.us**Description:****Ages:** all Ages**Dates:** Year round**Time:** Dawn till dusk**Website:** www.amherst.ny.us**Wheelchair Accessible?** Yes**Mason's Mission Playgrounds****County:** Niagara

6570 Campbell Blvd, Lockport 14094

Description: All children, not just those with special needs, can use all the equipment. We're creating a playground where none otherwise exists – adding to the quality of life of all WNY families. Disabled other adults can use the equipment, too. So wheelchair-bound parents can still enjoy a day at the park with their kids!**Ages:** all Ages**Website:** masonsmissionfoundation.org**Wheelchair****Accessible?** Yes

West Dawson Park**County:** Erie

Columbia Avenue, Depew 14043

Motion Junction

2640 Outhouse Road, Canandaigua 14424

Winchester Academy Inclusive/Adaptive Playground

650 Harlem Road, West Seneca

Ellicott Creek Park

1 Ellicott Creek Drive, Tonawanda 14150

Eco Park Playground

318 Crosby Blvd., Buffalo 14226

RECREATION DEPARTMENTS**Town of Amherst Youth & Recreation Department (Summer Day Camp)****County:** Erie

1615 Amherst Manor Drive, Williamsville 14221

Contact: Janice Zapfel, jzapfel@amherst.ny.us, (716) 631-7132**Description:** Summer day camp for youth Ages 5 - 11 (five sites) and Ages 12-14 (one site). Staff works with families to develop individualized implementation plans for each child with special needs.**Ages:** 5-14**Cost:** \$175 per week with a \$15 registration fee for Amherst residents; \$225 per week for non-residents**Dates:** July 1-August 16**Time:** Monday-Friday (8am-5:30pm)**Website:** www.amherstyouthandrec.org**Wheelchair Accessible?** Yes**Erie County Recreation Department****Contact:** (716) 858-8355**Description:** See Website for listing of parks and activities.

Cattaraugus County Youth Recreation

County: Cattaraugus

200 Erie Street, Little Valley 14755

Contact: (716) 938-9111 x2612

Description: Check Website for more detailed information on programs available.

Ages: 0-21 years

Website: www.cattco.org/youth-bureau/youth-bureau

Olean Recreation Department

County: Cattaraugus

101 East State Street, Olean 14760

Contact: kshewairy@cityofolean.org, (716) 376-5698

Description: Check Website for more detailed information on programs available Various sports and events.

Website: <https://cityofolean.org/departments/youth-recreation/>

Amherst Youth & Recreation Department

County: Erie

1615 Amherst Manor Drive, Williamsville 14221

Contact: (716) 631-7132

Website: www.amherstyouthandrec.org

Aurora Dept. of Parks & Recreation

County: Erie

300 Gleed Avenue, East Aurora 14052

Contact: recreation@townofaurora.com, (716) 652-8866

Description: Check Website for more detailed information on programs available. Recreation programs for the Town of East Aurora.

Website: www.aurorany.myrec.com

Grand Island Parks & Recreation

County: Erie

3278 Whitehaven Road, Grand Island 14072

Contact: recreation@grand-island.ny.us, (716) 773-9680

Description: Check Website for more detailed information on programs available. Swimming, volleyball, basketball, holiday events and more

Ages: all Ages

Cost: \$57.84 per month

Website: <https://grandislandny.myrec.com/info/default.aspx>

Hamburg Recreation Department

County: Erie

107 Prospect St, Hamburg 14075

Contact: (716) 646-5154

Description: Check Website for more detailed information on programs available. Adaptive, Youth and Adult Recreation available.

Website: <https://www.townofhamburgny.gov/203/Youth-Recreation-Senior-Services>

City of Lackawanna Recreation Department

County: Erie

714 Ridge Road, Room 219, Lackawanna 14218

Contact: recreation@lackny.com, (716) 827-6457

Description: Check Website for more detailed information on programs available.

Website: www.lackawannany.gov/departments/recreation/

Orchard Park Recreation Department

County: Erie

200 North Lake Drive, Orchard Park 14127

Contact: oprec@orchardparkny.org, (716) 662-6450

Description: Check Website for more detailed information on programs available. Various sports and events available.

Website: <https://www.oprec.org/Youth-Teen-Programs>

Tonawanda Youth, Parks & Recreation Dept.

County: Erie

299 Decatur Avenue, Town of Tonawanda 14223

Contact: (716) 831-1001

Description: The Town of Tonawanda Department of Youth, Parks and Recreation will be responsible for providing quality facilities, grounds, programs and leisure and family enrichment services to all residents of the Town of Tonawanda and Village of Kenmore. We will establish a network of youth development and family enrichment programs and services that enable youth to acquire assets to become productive, functional and fully integrated members of the community.

Website: <https://www.tonawanda.ny.us/document-center/youth-parks-recreation.html>



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West Seneca Recreation Department

County: Erie

1300 Union Rd., West Seneca 14224

Contact: recdept@twsny.org, (716) 674-6086

Description: Check Website for more detailed information on programs available. Softball, swimming, camps, basketball, and many other sports and holiday activities

Website: <https://westsenecany.myrec.com/info/default.aspx>

Genesee County Youth Bureau

County: Genesee

5130 E Main Street, Batavia 14020

Contact: youthbureau@co.genesee.ny.us, (585) 345-3063

Description: Check Website for more detailed information on programs available. Programs and activities are provided in the area of Youth Empowerment, Cultural Enrichment, Recreation, and Education.

Website: <https://www.co.genesee.ny.us/departments/youthbureau/index.php>

Dunkirk Youth Bureau and Recreation Commission

County: Chautauqua

338 Central Avenue, Dunkirk 14048

Contact: rhall@cityofdunkirk.com, (716) 366-9886

Description: The Dunkirk Recreation Department offers a variety of leagues and activities for all Ages to enjoy.

Website: https://www.cityofdunkirk.com/government/departments/youth_and_recreation/youth_bureau.php

Town of Alden Recreation

County: Other

Alden

Contact: dmoultrup1@verizon.net, (716) 937-7393

Description: The Alden Recreation Department provides a year round recreation program for youth, adults and Sr. citizens using Alden Town Parks, Alden Community / Sr. Center, Town Hall and Alden Central School facilities. Year round sports activities and community events.

Website: <https://www4.erie.gov/alden/recreation>

Town of Clarence Recreation Department

County: Erie

10510 Main Street, Clarence 14031

Contact: ctrapper@clarence.ny.us, (716) 407-2162

Description: The Recreation Department provides a wide variety of opportunities for indoor and outdoor activities. Year round sports activities and community events.

Website: <https://www4.erie.gov/clarence/recreation-department>

Wheelchair Accessible?

North Tonawanda Department of Youth, Recreation and Parks

County: Niagara

500 Wheatfield St. - Keller Bldg., North Tonawanda 14120

Contact: alexd@northtonawanda.org, (716) 695-8582

Description: Check Website for more detailed information on programs available. Year round sports activities and community events.

Website: northtonawandany.myrec.com/info/default.aspx

Town of Cambria Recreation Department

County: Niagara

4160 Upper Mountain Road, Sanborn 14132

Contact: townclerk@townofcambria.com, (716) 433-7664

Description: Check Website for more detailed information on programs available. The Town of Cambria offers Summer Day Recreation and Baseball Programs for the youth of our community Ages 5 years through 16 years old.

Website: townofcambria.com/Parks-Recreation

Town of Lewiston Recreation Department

County: Niagara

1375 Ridge Road, Lewiston 14092

Contact: lewportsports@yahoo.com, (716) 754-8213

Description: Check Website for more detailed information on programs available. Year round sports activities and community events.

Website: <https://www.townoflewiston.us/recreation-department>

Town of Porter Recreation**County:** Other

3265 Creek Road, Youngstown 14174

Contact: (716) 745-3730**Description:** Check Website for more detailed information on programs available. Year round sports activities and community events.**Website:** www.townofporter.net/recreation**Wheelchair Accessible?****Town of Wheatfield Recreation Department****County:** Niagara

6812 Nash Road, North Tonawanda 14120

Contact: miker@wheatfield.ny.us, (716) 731-3942**Description:** Check Website for more detailed information on programs available. Year round sports activities and community events.**Website:** www.wheatfield.ny.us/159/Recreation**Wyoming County Youth Bureau****County:** Wyoming

8 Perry Avenue, Warsaw 14569

Contact: (585) 786-8850**Description:** Check Website for more detailed information on programs available.**Website:** wyomingco.net/226/youth-bureau**City of Buffalo Youth Recreation Centers****Website:** <https://www.buffalony.gov/380/Youth-Recreation-Centers>**Town of Cheektowaga Youth & Recreational Services****County:** Erie

275 Alexander Avenue, Cheektowaga 14211

Contact: (716) 897-7207**Website:** <https://tocny.org/departments/youth-recreational-services/>**Town of Collins****Contact:** (716) 532-2006**Website:** <https://www.townofcollins.com/Departments/Youth-Recreation>

Town of Hamburg Recreation Summer Program

County: Erie

4540 Southwestern Boulevard, Hamburg 14075

Contact: (716) 646-5145 EXT- 4332

Website: <https://www.townofhamburgny.gov/203/Youth-Recreation-Senior-Services>

Town of Tonawanda

County: Erie

299 Decatur Road, Tonawanda 14223

Contact: (716) 831-1006

Ages: youth

Website: <https://www.tonawanda.ny.us/youth-parks-recreation.html>

RESPITE

Boys & Girls Clubs of Buffalo

County: Erie

282 Babcock Street, Buffalo 14210

Contact: info@bgcbuffalo.org, (716) 825-1016

Description: Check Website for more detailed information on programs available. The Clubs provide a safe, structured environment for socializing and play, learning and growing and fostering positive character values and attitudes.

Ages: 13-May

Cost: \$250 per semester

Time: Afterschool program

Website: bgcbuffalo.org

Aspire Respite Programs

County: Erie

2356 North Forest Road, Getzville 14068

Contact: intake@aspirewny.org, (716) 838-0047

Description: Must be waiver enrolled. Diverse cultural sports and general leisure **Time** activities. On-site respite with some community outings.

Ages: all Ages

Cost: free

Dates: Afterschool, Hourly, Free Standing and Saturday Recreational respite

Website: <https://www.arceriecounty.org/home-and-community-based>

Wheelchair Accessible? Yes

Community Services for Every 1

County: Erie

180 Oak Street, Buffalo 14203

Contact: info@csevery1.com, (716) 883-8888

Description: Must be waiver enrolled. Parents and guardians are you looking for a safe and positive place for your child, adolescent or young adult? Our Respite Programs offer planned short-term and **Time**-limited opportunities for families and care providers to have some personal **Time**.

Ages: all Ages

Cost: free

Dates: Saturday, Weekend and Stay Late

Time: various

Website: <https://www.csevery1.com/referrals/children-and-youth-services/respite-2/>

Wheelchair Accessible? Yes

Cradle Beach Respite (Weekend Program)

County: Erie

8038 Old Lakeshore Road, Angola 14006

Contact: gclark@cradlebeach.org, (716) 549-6307

Description: Developmentally disabled individuals living with family in WNY. Weekend respite and recreation; 4 sessions in the spring and 4 sessions in the fall.

Ages: 8+

Cost: Home & Community Medicaid Waiver Program

Dates: Various

Time: 7pm Friday-3pm Sunday

Website: www.cradlebeach.org

Wheelchair Accessible? Yes

People Inc.

County: Erie

1219 North Forest Road, Williamsville 14231

Contact: (716) 817-7400

Description: Must be waiver enrolled. Afterschool, after work, vacation, and recreation respite available. Please check Website for more details.

Website: <https://www.people-inc.org/respite/>

Wheelchair Accessible? Yes

sasi Recreation Respite

960 W Maple Ct., Elma 14059

Contact: info@sasinc.org, (716) 805-1555

Description: Recreation is offered on both weekday evenings and weekends. Recreation respite offers a variety of evening and weekend activities around WNY. Transportation is provided to and from the event from central meeting locations. Past outings include dances, bowling, festivals, movies, and shopping. This program allows people to have opportunities for socialization and recreation in various community settings.

Website: www.sasinc.org/Services/Community-Services/

SCIENCE

Challenger Learning Center

County: Niagara

160 Washburn Street, Lockport 14094

Contact: (716) 434-3196

Description: The mission of the Challenger Learning Center is to engage students and teachers in dynamic, hands-on exploration and discovery opportunities that strengthen knowledge in science, technology, engineering, mathematics (STEM), inspire students to pursue careers in these fields, and provide an outlet to learn and apply important life skills.

Cost: Please check Website for more information o programs, **Dates** and **Cost**.

Website: <https://www.clclockport.org/>

SPORTS

BASEBALL

Amherst Youth Basketball Diversified

County: Erie

4380 Main Street, Amherst 14226

Contact: (716) 430-0870

Description: No previous experience playing basketball is needed. This basketball league is for high school students who have a disability.

Ages: High School Students **Cost:** Free

Dates: Once per week March through April

Website: www.amherst-basketball.com

Central Amherst Little League Challenger Baseball

480 Wehrle Drive, Amherst

Contact: David Whalen, challenger@centralamherst.com, (716) 565-9338

Description: We are WNY's only recognized baseball program for players with disabilities by Little League Baseball (Williamsport, PA). We play baseball that allows athletes to experience the game as it's intended to be played in a safe, comforting, fun environment.

Ages: Minors - 4-10 years; Majors - 11-18 years; Seniors 19+ years

Cost: T-Ball \$155+; Seniors \$180+; All other levels \$170+

Dates: Season May through July

Website: www.centralamherst.com/challenger-league

Biking

iCan Bike

County: Erie

The R.O.C.K., 425 Meyer Road, West Seneca 14224

Contact: wnylearntoride@gmail.com, (716) 677-9100

Description: Have a diagnosed disability, a minimum inseam of 20 inches, weigh less than 220 pounds, be able to walk without assistive devices, be able to side-step quickly, and be able to willingly wear a properly fitted helmet. Using adaptive bicycles, a specialized instructional program and trained staff to enable individuals with disabilities to learn to ride a two-wheel bicycle.

Ages: 8+ **Cost:** \$250 (after May 1, 2024) **Dates:** July 15-19, 2024

Time: 75 minutes each day - varies

Website: <https://www.thechampionprojectwny.com/icanbike>

BOATING

Excalibur Leisure Skills Center, Inc.

90 North Drive, Buffalo 14216

Contact: Jim Catalano, jim@excaliburls.com, (716) 831-3188, jim@excaliburls.com

Description: Excalibur is dedicated to providing adaptive boating and fishing opportunities for developmentally challenged and disadvantaged persons. Fishing and boating excursions available. Please tell our office which you are interested in.

Dates: Monday-Friday

Time: 2-hour excursions at different Times throughout the day

Website: <https://excaliburls.com/boating-excursions/>

Wheelchair Accessible? Yes

Wimbledon Lanes**County:** Erie

220 Center Road, West Seneca 14224

Contact: wimbledonlanes@gmail.com, (716) 674-3333**Description:** Bowling with adaptive equipment (bumpers available). No ramp available - welcome to bring your own.**Ages:** All Ages**Dates:** Please call the Lanes for availability, open bowling may NOT always be available.**Website:** www.wimbledonlanes.com**Wheelchair Accessible?** No**Bowling League for Special Needs****County:** Erie

Mallwitz's Island Lanes - 1887 White Haven Rd., Grand Island 14072

Contact: Vienna Haak, (716) 430-5118, vahaak@yahoo.com**Description:** Any age individual with special needs Bowling**Cost:** \$10 registration; \$7 for two games and shoe rental.**Dates:** September - April **Time:** Saturdays 11 am - 12:30**Good Times of Olean****County:** Cattaraugus

800R E. State Street, Olean 14760

Contact: (716) 379-8210**Description:** Bumper bowling, arcade, mini-golf available**Ages:** All Ages**Cost:** Varies by activity **Dates:** Year Round**Website:** www.gtofood.com**Wheelchair Accessible?** Yes**Jamestown Bowling Co.****County:** Chautauqua

850 Foote Avenue, Jamestown 14701

Contact: (716) 483-1818**Description:** Bumper bowling is available**Cost:** Check website for updated pricing**Website:** <https://www.facebook.com/people/Jamestown-Bowling-Co/100057657151322/>**Wheelchair Accessible?** Yes

AMF Airport Lanes

County: Erie

3754 Genesee Street, Cheektowaga 14225

Contact: (716) 632-0655

Description: Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.

Website: www.amf.com

Wheelchair Accessible? Yes

AMF Lancaster Lanes

County: Erie

4913 Transit Road, Depew 14043

Contact: (716) 668-1000

Description: Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.

Ages: all Ages

Website: www.amf.com

Wheelchair Accessible? Yes

Classic Lanes

County: Erie

1840 Military Road, Kenmore 14217

Contact: (716) 873-3383

Description: Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.

Ages: all Ages

Website: www.classiclansny.com

Wheelchair Accessible? Yes

Kenmore Lanes

County: Erie

1691 Kenmore Avenue, Kenmore 14217

Contact: kenmorelanes@yahoo.com, (716) 875-5340

Description: Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.

Website: <https://www.facebook.com/kenmorelanesny/>

Wheelchair Accessible? Yes

Transit Lanes**County:** Erie

7850 Transit Road, Williamsville 14221

Contact: (716) 632-3838**Description:** Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.**Website:** www.transitlanes.net**Wheelchair Accessible?** Yes**Allie Brandt Lanes****County:** Niagara

6510 Lincoln Avenue, Lockport 14094

Contact: alliebrandtlanes@gmail.com, (716) 433-5976**Description:** There are 36 lanes with bumper bowling. Challenger Sports runs for 24 weeks, starting in October.**Cost:** Check Website for updated pricing**Website:** www.alliebrandtlanes.com**Wheelchair Accessible?** Yes**Bennington Lanes****County:** Wyoming

1374 Clinton Street Road, Attica 14011

Contact: (585) 591-2314**Description:** Bowling ramp available**Ages:** All Ages**Cost:** Varies by activity**Dates:** Year round**Website:** www.facebook.com/pg/bennington-lanes**Wheelchair Accessible?** Yes**Letchworth Pines****County:** Wyoming

6985 Fillmore Road, Portageville 14536

Contact: kevin@letchworthpines.com, (585) 468-2166**Description:** Bumper bowling and ramps available for bowlers**Cost:** Check Website for updated pricing**Dates:** Year round**Website:** www.letchworthpines.com**Wheelchair Accessible?** Yes

Buffalo Envy All Stars Adaptive Cheerleading**County:** Erie

2600 Hamburg Turnpike, Space "H", Lackawanna 14218

Contact: buffalo.envy@aol.com, (716) 822-2572**Description:** Athletes learn tumbling, dancing, stunting, and other cheerleading skills. The team practices once a week and has the opportunity to perform at several local and regional cheerleading competitions.**Ages:** No age limit**Cost:** Varies - Independent Health FlexFit card accepted**Dates:** Year-round (training classes in May and June, season July - April)**Time:** Hours vary, closed on Sundays**Website:** www.buffaloenvyallstars.com/adaptive-cheer-program.html**Wheelchair Accessible?** Yes**Cheerabilities****County:** Erie

7330 Townline Road, North Tonawanda 14120

Contact: eliteheatcheer@gmail.com, (716) 389-0731**Description:** Athletes learn cheer essentials, stunting and tumbling. Athletes work with helpers to ensure safety. The team practices once a week and performs five local competitions.**Ages:** 7-18 **Dates:** January through March**Cost:** \$180 for season, \$50 annual insurance, \$20 practice gear**Website:** www.eliteheatbuffalo.com**Wheelchair Accessible?** Yes**The First Tee of WNY****County:** Erie

(Mail only) P.O. Box 482, Buffalo 14207

Contact: Contact link via Website, (716) 250-3355**Description:** A comprehensive youth development program that offers learning opportunities to WNY youths. Programs are conducted in partnership with local golf facilities, elementary & middle schools and organizations serving youth.**Ages:** 5 - 18**Website:** www.thefirstteewesternny.org**Wheelchair Accessible?** Yes

GYMNASTICS

Flips Gymnastics & Sport

County: Niagara

6017 S. Transit Road, Lockport 14094

Contact: (716) 433-8811

Description: Flips has the largest facility in Western New York fully equipped with mats, beams, bars and much more to provide great activities for your children. Our amazing, spacious facility allows for us to care for over 35 different community organizations, making us a positive force in the community.

Ages: Preschoolers to children over 12

Cost: Monthly classes start at \$78 - check Website for updated details.

Dates: Year round

Website: <https://www.flipkids.com/>

HORSEBACK RIDING

High Hurdles Therapeutic Riding

County: Erie

13339 Route 39, Sardinia 14134

Contact: Shelby Dytschkowskyj, shelby.dytschkowskyj@sasinc.org, (716) 496-5551

Description: Therapeutic riding and horsemanship for individuals who are physically, cognitively and emotionally challenged. Also, hands on field trips are available.

Ages: 3+

Cost: 8-week session: \$250; Full season: \$900

Dates: Sessions run March through November

Time: Varies per session; **Times** available throughout the day

Website: www.sasinc.org/creative-opportunities/High-Hurdles

Wheelchair Accessible? Yes

Lothlorien Therapeutic Riding Center

County: Erie

15 Reiter Road, East Aurora 14052

Contact: Katie Macre, program.ltrc@gmail.com, (716) 655-1335

Description: Must have the ability to ride Recreational adaptive horseback riding for adults and children (3 and up) with special needs.

Ages: 3+

Cost: Lessons \$65; 4 wk \$260; 6 wk \$390; 8 wk \$520 Tuition assistance and



1021 Broadway, 5th Floor, Buffalo, NY 14212 mhawny.org

family discounts available.

Dates: April through November riding sessions

Website: www.lothlorientrc.org

Wheelchair Accessible? Yes

Centaur Stride Therapeutic Horseback Riding & Experiential Learning Center

County: Chautauqua

8488 Jones Road, Sherman 14781

Contact: info@centaurstride.org, (716) 326-4318

Description: Programs are open to all in an integrated setting (some restrictions apply). Horseback riding to accommodate various disabilities, while focusing on safety, integration and challenge. Experiential learning to focus on social skills and group dynamics in a natural environment.

Cost: \$30/lesson **Time:** Scheduling by appt. only

Website: www.centaurstride.org

Wheelchair Accessible? Yes

Buffalo Therapeutic Riding Center, Inc. (BTRC)

County: Erie

950 Amherst Street, Buffalo 14216

Contact: becandbtrc@aol.com, (716) 877-9295

Description: The only indoor riding facility in the City of Buffalo, this program offers classes for mentally and emotionally impaired, learning disabled and developmentally challenged children.

Ages: 6-18 years cannot exceed 150 pounds

Cost: Scholarships are available

Dates: Monday afternoons 3:30 pm to 7:30 pm, April through November

Website: www.thebtrc.org

Wheelchair Accessible? Yes

ICE SPORTS

Cornerstone Ice Arena

County: Niagara

1 Grigg Lewis Way, Lockport 14094

Contact: (716) 438-7698

Description: Offers public skating, learn to skate for adults and kids, figure skating, sled hockey, youth and adult hockey and ice bumper cars.

Ages: all Ages

Cost: check Website for more details

Website: cornerstoneicearena.com

Buffalo Sabres Sled Hockey

County: Erie

Northtown Center, Amherst or Cornerstone Arena, Lockport, or Buffalo State Arena

Contact: Matthew Murray, , (716) 704-5355

Description: Must be able to sit upright Alternative style of hockey for those with disabilities is played on a sled with the same rules of ice hockey.

Ages: 5 and up **Cost:** check Website for current information

Dates: September through March

Time: Saturdays and Sundays with travel for games and tournaments

Website: www.buffalosabresledhockey.org

Wheelchair Accessible? Yes

Buffalo Sabres Thunder Ice Hockey

County: Erie

North Buffalo Rink, 156 Tacoma Avenue, Buffalo 14216

Contact: Michael Steffan, bsthockey2008@gmail.com, (716) 691-4530

Description: To play hockey for the Buffalo Sabres Thunder, a player should be comfortable skating on ice and be able to feel comfortable in the use of the protective hockey equipment. Previous skating experience is recommended. Provides individuals with developmental disabilities the unique opportunity to play ice hockey. A coed, non-checking ice hockey team with individuals who love hockey and have some ice skating experience.

Ages: Dependent on skating ability and experience

Cost: \$100 fee **Dates:** October - April

Website: www.wnyspecialhockey.com

Wheelchair Accessible? Yes

Gliding Stars of WNY

County: Niagara

911 Robins Drive, Niagara Falls

Contact: infogs@glidingstars.org, (716) 608-8345

Description: Gliding Stars is a non-profit organization that provides adaptive ice skating programs to individuals of all Ages with physical, mental, and/or emotional challenges. Adaptive Ice Skating Program that serves individuals with disabilities in WNY. Nationwide including chapters in OH, PA, NY and FL.

Ages: 18 months+

Cost: Contact for Cost (OPWDD Eligible)

Dates: Sundays, 4:30 to 6 pm

Website: www.glidingstars.org/gliding-stars-wny/

Wheelchair Accessible? Yes

SABAH

County: Erie

2607 Niagara Street, Buffalo 14207

Contact: info@sabahinc.org, (716) 362-9600

Description: SABAH continues to be dedicated to the mission of enriching the quality of life for individuals challenged by physical, cognitive, and/or emotional disability by providing education and therapeutic recreation, promoting fitness, and developing social and Adaptive Ice Hockey, Ice Skating, Summer Skates, Fit & Fun for Adults with Disabilities, Summer Athletes Bold at Heart and other events. Check Website for more detail.

Cost: Varies depending on sport, check Website for specifics

Website: www.sabahinc.org

Wheelchair Accessible? Yes

Young Athletes Program - Special Olympics Western Region

County: Erie

2821 Wehrle Drive, Suite 7, Williamsville 14221

Contact: Daniel Kuberka, dkuberka@nyso.org, (716) 580-3346 ext.3302, dkuberka@nyso.org

Description: To provide year-round sports training and athletic competition in a variety of Olympic-style sports for children and adults with intellectual disabilities.

Ages: 6+

Website: www.specialolympics-ny.org/western/

CAUSE (Center of Allied and Unified Sport and Exercise)

County: Erie

Daemen's Gym - 4433 Main St., Amherst 14226

Contact: Brooke Densing, bdensing@daemen.edu, (716) 839-7652, bdensing@daemen.edu

Description: Athletic coaches, faculty, students and student athletes are paired with participants in activities to promote sport, exercise, and socialization.

Ages: Ages 6-18

Cost: Free. Must pre-register

Dates: During the Fall and Spring semesters on Sunday, Wednesday and Thursdays

Time: Sunday 1-2:30p or 3-4:30p; Wednesday 6-7:30p; Thursday 6-7:30p

Website: daemenwildcats.com/cause

Cheektowaga Adapted Recreation Program

County: Erie

275 Alexander Ave., Buffalo 14211

Contact: yservices@tocny.org, (716) 897-7205

Description: Youth with developmental disabilities between Ages 5-21, and youth with learning disabilities Ages 5-16. A variety of adapted recreational activities and social opportunities for youth with developmental and learning disabilities.

Ages: 5-21 (Developmental); 5-16 (Learning)

Cost: Various; Rates are OPWDD eligible.

Dates: October through May

Website: <https://tocny.org/departments/youth-recreational-services/>

Challenged Athletes Participating in Sports (CAPS)

County: Erie

240 Glencove Rd., Town of Tonawanda 14223

Contact: zero7kevin@verizon.net, (716) 418-3698

Description: Since 2006, we have been giving children and young adults with physical and mental developmental disabilities the chance to locally participate in sports and recreational activities. We have been operating as Challenger Baseball since 1990, but have expanded to other sports.

Ages: All Ages

Website: www.capswny.com

Wheelchair Accessible? Yes

Great Buffalo Adaptive Sports

County: Erie

9 Sagebrush Lane, Lancaster 14086

Contact: community@greaterbuffaloadaptivesports.org, (716) 984-2585

Description: Greater Buffalo Adaptive Sports was formed to provide adults and children with physical, developmental, and intellectual disabilities with the opportunity to participate in sports, make friends, and grow. Now, we offer a variety of programs, always looking to expand and to serve a new group of athletes.

Website: greaterbuffaloadaptivesports.org

Wheelchair Accessible? Yes

YMCA Challenger Sports - Genesee County Sports

County: Genesee

209 East Main Street, Batavia 14020

Contact: Josh Bender, jbender@glowymca.org, (585) 344-1664,

Description: Challenger Sports is a program for kids Ages 5-21 with both physical and learning disabilities. The YMCA sensed there was a need in the community for a sports program for kids with disabilities.

Ages: Ages 5-21

Cost: \$25

Website: glowymca.org/programs/sports/challenger-sports/

WNY Challenger Sports

Contact: challengersportswny@yahoo.com

Website: www.wnychallengersports.com

ROCK CLIMBING

Niagara Climbing Center

County: Niagara

1333 Strad Avenue, North Tonawanda 14120

Contact: climbing@niagaraclimbingcenter.com, (716) 695-1248

Description: Stretch your mind and body in a controlled and fun indoor rock climbing environment. We can bring the 24 foot high portable climbing wall to you. Professionally trained staff is provided by the Center.

Ages: All Ages

Cost: Starting at \$25 for a day pass; \$10 for kids under 5 years old. \$5 Shoe rental required.

Time: Mon-Fri 4pm-10pm, Saturdays 10am-10pm, Sundays 12pm-6pm

Website: www.niagaraclimbingcenter.com

Wheelchair Accessible? Yes

RUNNING

RACIN! Rollin' Athletic Club Inclusion Network

County: Erie

95 Franklin Street - Rm 625, Buffalo 14202

Contact: frank.a.cammarata@erie.gov, (716) 858-6233

Description: For athletes with impairments that extra support to run. The mission of RACIN! Is to improve the physical, social and emotional lives of people with developmental disabilities through regular physical activity and involvement in the local racing scene. Together, we run, walk and roll!

Ages: All Ages **Cost:** No Cost **Dates:** Check Website for events

Website: www.buffaloracin.org

Wheelchair Accessible? Yes

Boys on the Right Track

County: Erie

1597 Evergreen Drive, Lake View 14085

Contact: Juliet Meade, julietmeade@boysontherighttrack.org, (716)316-1789

Description: Boys on the Right Track is a fun, non-competitive running wellness program for young men Ages 8-13. Through providing an environment that nurtures growth, fosters open communication, promotes inclusivity, and prioritizes both mental and physical health, we are empowering our boys to navigate the challenges they face with resilience so that they may thrive in our rapidly evolving world.

Ages: 13-Aug

Website: www.boysontherighttrack.org

SCUBA DIVING

Phoenix SCUBA & Water Sports

County: Erie

619 Ridge Road, Lackawanna 14218

Contact: , dive@phoenixscuba.com, (716) 939-3889,

Description: Adaptive SCUBA Diving for the physically disabled with cognitive challenges.

Time: Tues-Fri 2pm-6pm, Saturdays 10am-2pm

Website: www.phoenixcubabuffalo.com

Wheelchair Accessible? Yes

The Phoenix Adaptive Program**County:** Cattaraugus

Holimont - 6921 Route 242, Ellicottville 14731

Contact: snowsports@holimont.com, (716) 699-8159**Description:** Adaptive ski/snowboard program focusing on the instruction and guidance for adults and children with special needs. Staffed by dedicated volunteers and trained instructors, this program provides a safe, compassionate skiing environment. Each student is matched up with an instructor and a volunteer.**Cost:** Various (Lift and equipment rentals)**Dates:** Lessons offered during the season, open to members and non-members, a special 4-day Christmas Camp**Time:** Various, Single lessons offered Saturdays and Sundays**Website:** <https://holimont.com/programs/phoenix-adaptive/>**Wheelchair Accessible?** Yes**Hills Angels Adaptive Snow Sports Program****County:** Erie

Buffalo Ski Club

PO Box 608 (Mail Only), Orchard Park 14127

Contact: office@buffaloskiclub.com, (716) 941-5654**Description:** Join the Hills Angels adaptive coaches for two hour sessions designed for children and adults with physical disabilities and developmental delays. Staff work with participants and their companions to tailor sessions to the skier or snow boarders needs. Our goal is to train participants and companions with the skills to ski independently.**Cost:** 7 week sessions - \$300 members, \$400 non members**Dates:** Saturdays and Sundays**Time:** Saturday, Sunday 10:30 am and 1:30 pm prearranged coaching sessions**Website:** <https://www.buffaloskicenter.com/hills-angels/>

Bill Lounsbury Adapted Ski Program

County: Cattaraugus

6557 Holiday Valley Road, Ellicottville 14731

Contact: info@lounsburyadaptive.org, (716) 699-3504 (ski season only)

Description: Call for details; **Cost** includes lift ticket, two hours of private instruction and equipment use Adapted ski programs for physically and mentally challenged individuals. We can accommodate a wide variety of disabilities, including people with wheelchairs.

Ages: 5+

Cost: 2 hour lesson is \$100

Dates: December 26th through mid-March (The Penguin Paddle is held in February)

Time: 9:30 - 11:30 and 1 - 3 pm

Website: lounsburyadaptive.org

Wheelchair Accessible? Yes

Buffalo Ski Club

County: Erie

7414 State Road, Colden 14033

Contact: (716) 941-5654

Description: Buffalo Ski Club brings together three ski areas — Sitzmarker Ski Club, Ski Tamarack and Buffalo Ski Club—and covers 300 acres with 43 trails ranging in terrain from expert to beginner.

Cost: Grow membership \$500 annually, Play membership \$1000 annually

Dates: seasonal

Time: sat-sun 9am-4pm

Website: www.buffaloskicenter.com

Kissing Bridge Adaptive Ski Program

County: Erie

10296 State Road, Glenwood 14069

Contact: (716) 592-4963

Description: Kissing Bridge has 39 slopes across 700+ acres. There's terrain that caters to all skill levels, from beginner to intermediate riders, plus several challenging slopes for expert levels. Our nine lifts provide the opportunities to explore the hillside trails and shred through several terrain parks.

Ages: all Ages

Cost: seasonal passes and lessons offered, prices vary

Dates: seasonal

Time: Tues-Wed 10am-9pm, Thurs-Fri 10am-10pm, Sat 8am-10pm, Sun 8am-8pm

Website: www.kbski.com

Soccer Shots Empower Program**County:** Erie

225 Delaware Avenue, Buffalo 14202

Contact: buffalo@soccershots.com, (716) 408-3071**Description:** Soccer Shots offers three core programs to meet the developmental needs of children Ages 2 to 8. It's way more than just learning the game of soccer. We aim to build character, skills and confidence while also having a whole lot of FUN. We're committed to providing safe, positive experiences through the game of soccer.**Ages:** Ages 2-8**Time:** seasonal**Website:** www.soccershots.com/buffalo/**Wheelchair Accessible?****West Seneca Soccer Club****County:** Erie

3747 Seneca Street, West Seneca 14224

Contact: David Milazzo, dmilazzo@westsenecasoccer.org, ,**Description:** Our House League program is a recreational soccer program which focuses on learning the game of soccer and developing skills through training and game play.**Ages:** 4 and older**Cost:** Contact program**Time:** May-August**Website:** www.westsenecasoccer.org**WNY Flash Soccer House League****County:** Erie

6831 Seneca Street, Elma 14059

Contact: cdanko@wnyflashsoccer.com, (716)-427-5527**Description:** The WNY Flash Academy is a complete program that provides a home for all players, no matter what skill level. We take pride in each and every player's development within our club, from our Junior Academy and local level competition, to guiding players into the highest levels of soccer in the United States.**When:** May-August**Website:** www.wnyflash.com

SOFTBALL

EMW Elma/Marilla/Wales “Dream League”

County: Erie

Creek Road Park, Elma 14059

Contact: info@emwbaseball.org, (716) 907-9313

Description: In the Dream League, every player bats every inning, batters swing until they get a hit (with or without assistance), players are safe on the bases, there are no outs and every player scores a run each inning.

Ages: Ages 5 to 21

Cost: \$35

Dates: Saturdays, May-June

Website: www.emwbaseball.org/dreamleague

Touching Bases Softball League

Walden Pond Park, Lancaster

Contact: Brenda Christopher, bc.touchingbases@gmail.com, ,

Description: We are a co-ed softball league made up of amazing adults with a wide variety of disABILITIES.

Ages: 18+

Cost: \$50 for the season and it includes the team uniform, a hot dog roast party, end of the year banquet and a trophy.

Dates: July 31st - August 29th, Monday and Tuesday evenings

Time: 6-8 pm

Website: www.touchingbaseswny.org

SWIMMING

Au-Some Swimmers

County: Other

Jewish Community Center of Greater Buffalo, Buffalo

Contact: eponiatowski@jccbuffalo.org, (716) 886-3172 Ext 411

Description: A learn to swim program for children with autism spectrum disorders. The JCC of Greater Buffalo is proud to serve the WNY Community by organizing swim programs for numerous groups, including our Au-Some swim lesson program for children with special needs.

Cost: Offers private or group lessons.

Time: Check Website for details by event

Website: jccbuffalo.org

Clarence Learn to Swim Adaptive Program

County: Other

Either at Clarence Middle or Clarence High Schools, Clarence

Contact: clarencadaptiveswim@gmail.com

Description: Adaptive Learn-to-Swim is reserved for children with a classified disability or significant medical condition. These lessons are open to the public, no significant paperwork is required. Coach Becca may reach out for more information on your child.

Ages: 4-9 (Level; one); 8-16 (Level two)

Cost: Approximately \$17 per class paid up front.

Dates: Fall (Sept-Nov), Winter (Jan-March), Spring (April-June), Summer (July-Aug roughly 4-5 weeks)

Website: <https://www.gomotionapp.com/team/cmnycsc/page/faqs/program-Descriptions>

Niagara Aquatics Adaptive LTS

Niagara

Contact: (716) 857-075

Description: Adaptive swim program for kids with special needs.

Website: niagaraaquatics.com

WNY Adaptive Water Sports

3621 Stony Point Road, Grand Island 14072

Contact: wnyadaptivewatersports@gmail.com, (716) 553-76770

Website: <https://wnyadaptivewatersports.org/>

SUMMER PROGRAMMING

ARTS

Maker's Art Camp

County: Niagara

5138 Lower Mountain Road, Lockport 14094

Contact: makersartcamp@gmail.com

Description: To provide a summerTime space for kids to explore their imagination while learning new art skills. Children will practice with many different art materials, techniques, and styles. One day art camps available

Ages: 5 - 12 years

Cost: \$200 per child

Dates: Three weeks in July - Monday-Thursday

Time: 8 am to 12 pm week camps; 1-4 pm day camp

Website: <https://www.makersartcamp.com/>

Camp Turner**County:** Cattaraugus

PO BOX 264, (9150 ASP 3), Salamanca 14779

Contact: John Mann, campturner@olvcharities.org, (716) 354-4555,**Description:** Camp Turner offers a traditional overnight camping program for boys and girls from Ages 7 – 16. The camp is located the gorgeous, pastoral hills of Allegany State Park in the woods amidst pristine streams and lakes.**Ages:** 7-16**Cost:** Varies, financial assistance available. **Dates:** July to Mid August**Website:** www.campturner.com**Wheelchair Accessible?** Yes**Cheektowaga Summer Day Camps****County:** Erie

275 Alexander Avenue, Buffalo 14211

Contact: yrservices@tocny.org, (716) 897-7205**Description:** Limited availability for one-on-one assistance. Six week Integrated Day Camp and Teen Club at Alexander Community Center, Neighborhood Day Camp at Dartwood Community Center.**Ages:** 4-12, teen club 13-15**Cost:** Chktg res. \$960/ 6 wks or \$175/ wk, Non-res. \$1195/ 6 wks or \$246/ wk; OPWDD Eligible**Dates:** July - August (Monday - Friday) **Time:** 8:30 am - 3:30 pm**Website:** tocny.org**Wheelchair Accessible?** Yes**Cradle Beach Camp****County:** Erie

8038 Old Lake Shore Road, Angola 14006

Contact: Ann-Marie Orlowski, admissions@cradlebeach.org, (716) 549-6307 ext. 205, aorlowski@cradlebeach.org**Description:** Children must be able to take care of personal needs Residential camp designed for children with disabilities and those who come from economically disadvantaged backgrounds. Provides a healthy environment and organized activities to promote socialization, self-worth, and decision making.**Ages:** 8-16 **Cost:** Based on family income/sliding fee scale**Dates:** July - August (sessions vary in length)**Website:** www.cradlebeach.org**Wheelchair Accessible?** Yes

Camp Eagr**County:** Other

Rochester Rotary Sunshine Camp, Rush

Contact: Michael Radell, mradell@epiny.org, (585) 442-4430 Ext. 2741**Description:** Registration on Website Children from all over the Northeast, regardless of their seizure control, can experience a camp complete with swimming, hiking, canoeing, arts and crafts, nature, wall climbing and horseback riding with other kids with epilepsy.**Ages:** 8-17 and siblings**Cost:** \$750 with scholarships available**Dates:** July 21-27**Website:** www.epiny.org/epilepsy-camp-eagr.php**Camp Abilities****County:** Monroe

350 New Campus Drive, Brockport 14420

Contact: Lauren J. Lieberman, llieberman@brockport.edu, (585) 395-5361**Description:** Empower children and teens with visual impairments to be physically active and productive members of their schools, towns, cities, and communities, as well as to improve the health and well-being of people with sensory impairments.**Ages:** various**Cost:** Summer camp**Dates:** June 30th - July 7th**Website:** www.campabilities.org**Wheelchair Accessible?** Yes**Camp Get-A-Way (Camp Bristol Hills)****County:** Chautauqua

4437 Kear Road, Canandaigua 14424

Contact: hello@cgaw.org**Description:** Offering Day and Overnight sessions for families to connect and recharge. We know that living with mental, emotional, and behavioral health challenges can feel overwhelming and waitlists for services are long. Our day camp sessions offer the perfect space for your family to experience a taste of the help, hope, and fun of Camp Get-A-Way.**Ages:** families of all Ages**Website:** www.cgaw.org

Associated Physical & Occupational Therapists

County: Erie

3767 Delaware Road, Kenmore 14217

Contact: Contact@apot-wny.com, (716) 874-6175

Description: Summer programming, kindergarten readiness and parent education APOT is a local, women-owned, therapist-owned PT & OT organization working with kids across WNY. In addition to PT and OT therapies, kindergarten readiness and parent education groups, and summer programs are available.

Time: Mon-Fri 9am-4:30pm

Website: <https://www.apot-wny.com/services>

Wheelchair Accessible? Yes

VACATIONS

People and Places

Contact: vacations@people-and-places.org, (716) 937-1813, vacations@people-and-places.org

Description: We provide small group, year-round vacation opportunities for persons with developmental and intellectual disabilities. On each trip eight vacationers travel the world along with two People and Places escorts. We encourage adults with developmental and intellectual disabilities to realize their potential as individuals.. to grow.. to change.. and to experience a life with a full range of opportunities.

Ages: Age 18 and older

Website: www.people-and-places.org

Exceptional Vacations

Contact: (866) 748-8747

Description: Exceptional Vacations Provides High Quality Vacations for Individuals with Developmental Disabilities and Other Special Needs. We provide a wonderful opportunity for personal growth, normalization and socialization in a safe and fun atmosphere. We have professional staff committed to providing our travelers with the experience of a lifeTime.

Website: www.exceptional-vacations.com

Wheelchair Accessible? Yes

New Directions Travel

Contact: hello@newdirectionstravel.org, (805) 967-2841

Description: New Directions for people with disabilities, inc. (New Directions Travel) is a non-profit organization providing leisure and educational travel opportunities for adults who have mild to moderate intellectual and or developmental disabilities.

Website: www.newdirectionstravel.org

Search Beyond Adventures

Contact: (800) 800-9979

Description: Search Beyond Adventures provides all-inclusive escorted vacations for travelers with disabilities and special needs, Ages 17 and up. Most of our travelers have developmental disabilities, although some participants may also have a physical disabilities. We have five program divisions. Our main Search Beyond Adventures tours is the largest and offers tours all over the world.

Website: www.searchbeyond.com

Wheelchair Accessible? Yes

The Guided Tour, Inc.

County: Other

7900 Old York Road - Ste 111-B, Elkins Park 19027

Contact: , director@guidedtours.com, (215) 782-1370,

Description: Men and women with developmental challenges, autism, down syndrome, and other special needs have achieved greater independence through travel experiences provided by The Guided Tour, Inc.

Ages: 17+

Website: www.guidedtours.com

Wheelchair Accessible? Yes

USEFUL WEBSITES

www.parentnetworkwny.org
The Parent Network of Western New York

www.erie.gov/ecod
Erie County Office for People with Disabilities

www.buffaloplace.com
The Buffalo Place

www.beenews.com
The Bee News

www.iloveny.com
I Love New York

www.ddawny.org
The Developmental Disabilities Alliance of Western New York

Find the help you need throughout Western New York.
Use our search form to filter results by keywords, and/or location.

211wny.org

Thank you for Exhibiting!

Associated Physical & Occupational Therapists

Bloom Creative Arts

Brick Buffalo

Buffalo Commons Charter School

Challenger Baseball

C-HOPE

Community Services for Every1

Cradle Beach

EPIC - Every Person Influences Children

Help Me Grow

Mental Health Advocates of WNY

New York Deaf-Blind Collaborative

Niagara Frontier Radio Reading

People, Inc.

Person Centered Services

The Champion Project - High Five

Unique Theater Company, Inc.

United Healthcare

Thank you

BestSelf Behavioral Health

Northtowns Auto Center

For your Sponsorships!

Recreation & Leisure Service Directory Changes, Additions and Deletions

The Recreation & Leisure Directory is a resource for individuals with disabilities and families. This directory is intended to assist users in finding physical, social and creative opportunities to enrich one's life.

Programs included in this directory are well known in the WNY community but have not been personally verified as to their quality. It is best to call the program with any specific questions. Parent Network of WNY maintains the Recreation & Leisure Directory which is distributed to families, individuals and service providers.

Please send any changes, additions or if the program is no longer in service to info@parentnetworkwny.org.

Thank you!



Support · Educate · Connect · Empower



We support families and professionals who empower individuals with disabilities to reach their full potential through education and resources.

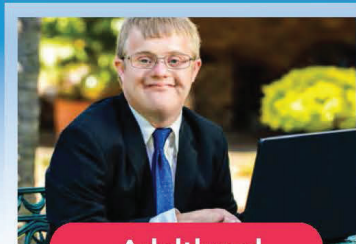
We understand the needs of families for every milestone; from early childhood and school age development, to adulthood.



Early Childhood



School Age



Adulthood

parentnetworkwny.org

 ParentNetwork  PNWNY

