

## **Be Part of an Exciting Pilot Project!**

### **Collaboration of Hillside Family of Agencies and the University at Buffalo School of Social Work**

This project is called **Family Driven Planning**. The goal of Family Driven Planning is to help create a supportive network for individuals with developmental disabilities and their caregivers. Hillside staff have been doing Family Driven Planning with individuals to:

- (1) identify family members and other caring adults who could be a support**
- (2) engage these persons to support the individual and the caregivers**
- (3) increase the individual's quality of life – support their interests and hopes for the future**

The project is for people who:

- Have a developmental or intellectual disability
- Currently eligible for or receiving IRA residential services
- Between the ages of 8 to 35 years
- Eligible for Medicaid services

Individuals and their families who agree to participate will be selected to one of two groups for the study – the first 35 youth to enroll in this project will participate in the Family Driven Planning with Hillside, and the other group will be placed on a waiting list (for whom we hope to offer services after 12 months on the waiting list). UB researchers will interview participants twice - once at the beginning of the study and again about 6 months later - at a location convenient to the individual and family. Interviews will include 2 surveys on supportive relationships, quality of life, and Medicaid services. Individuals will receive \$5 gift cards for each interview. There are no significant risks to those who participate.

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### **Interested? Questions?**

Please contact:

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For more information on Family Driven Planning at Hillside:

**Michelle Belge**, Director of Hillside Institute for Family Connections, 315-935-6701 or  
**Dan Lesinski**, Hillside's Director of Disability Services at 585-654-1465

**Thank you for your time and consideration!**