



## Becoming a Self-Advocate: Making My Voice Heard to Improve My HealthCare Experiences

**Sat., May 7, 2016  
9:30am – 2:00pm**

**Daemen College  
Wick Center Social Room  
4380 Main Street, Amherst NY 14226**

**Registration: Email Dr. Catherine Mann by 4/29/2016  
at: [cmann1@daemen.edu](mailto:cmann1@daemen.edu)**



### Program Objectives

At the end of the program the participant will:

1. Recognize the impact of past and present changes in the health care delivery system and their impact on you.
2. Identify legal issues affecting individuals with developmental disabilities and their caregivers.
3. Improve their ability to act as self-advocates in health care.

### Transportation Information

Please note transportation must be self-arranged. The Route 48 bus has a drop off on Main Street near the Daemen campus. The Para-Transit does make a stop on the Daemen campus directly across from the Wick Center building where the program is being held.

**The education program is free and includes lunch through grant support. Seating is limited and prior registration is required. Registration is limited to 20 individuals, with one caregiver per registrant.**

### Program Schedule

9:30-10:00am	Registration and Introductions
10-10:30am	<b>Session One:</b> How People with Developmental Disabilities are Treated - Evolving from Past to Present
10:30-11:00am	<b>Session Two:</b> Promoting Positive Communication - Individuals, Caregivers, and Healthcare Providers
11:00am – 12pm	<b>Session Three:</b> Building Advocates – The Person/Patient Role
12 - 12:30pm	Lunch
12:30 -1pm	<b>Session Four:</b> Legal Considerations – What You Should be Aware of
1 - 2:00pm	<b>Session Five:</b> Patient Centered Planning – Shaping Your Future

### Speaker Information

Richard Banner, Advocacy Coordinator, People Inc.  
Theresa Drum, Quality Improvement Manager,  
Parent Network of Western New York  
Catherine Mann, EdD, RN, CNE-C, Associate Professor of  
Nursing Daemen College  
Samuel Mattle, MPA, Executive Director Center for  
Self-Advocacy  
Andrew Marcum, PhD, Program Coordinator, Center for  
Self-Advocacy  
Erica Newsom, MOL, Project Coordinator and Adjunct  
Faculty, Daemen College; IRA Coordinator, Community  
Services for the Developmentally Disabled

*Funding for this program was provided by New York State Developmental Disabilities Planning Council and Family Support Services grant from the Office of People with Developmental Disabilities.*

